

Insurance Filing Instructions

To get the ball rolling on your insurance claims bring a copy of your claim form to your office visit. Claim forms can be printed online from your insurer's website, or requested in the mail. Fill in all the necessary member information and we'll help you fill in the rest!

The Institute of Multidimensional Medicine PLLC does not file insurance claims although we do provide information on the services rendered for you to submit for reimbursement. Securing reimbursements from insurance companies can be cumbersome, keep close track of what and when you submit to your insurance company and challenge or appeal any decision that is made.

Use a certified mail service when sending documents to your insurance company as to track the receipt of your claim documents. Make sure you follow up on any claims submitted after receipt of documentation. Hold one person accountable, make sure you get the name and contact information of the agent you spoke with, try to speak with that person every time.

Services are fee-for-service; a bill describing services will be provided but will only contain procedural codes at the discretion of the practitioner. TIMM PLLC does not provide a HCFA 1500 and our practitioner(s) have opted-out of Medicare and Medicaid and are not participating providers for any health care organizations.

Reimbursement Solutions:

1. Familiarize yourself with your insurance policy; make sure you know how much you can expect to be reimbursed for an office visit with a non participating provider.
2. Contact your employer and ask them to intervene on your behalf.
3. Contact your state's insurance department. They will take your complaint directly back to your insurer, asking them to explain why (based on your contract) that medical care was not covered.